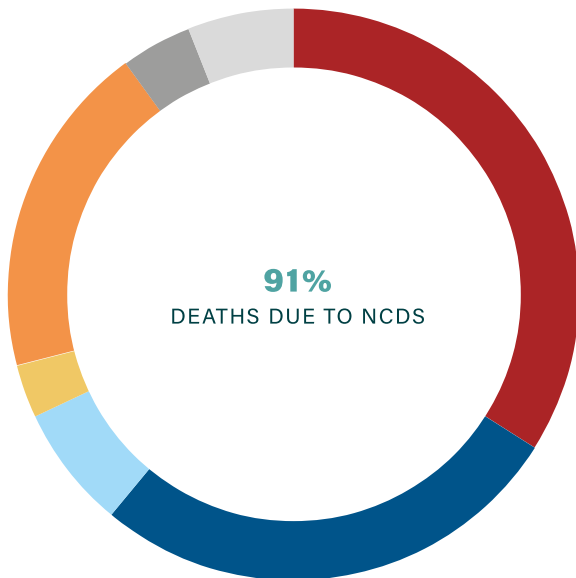


TOTAL POPULATION (2022)	59,038,000
POPULATION AGED <20 (%)	17
POPULATION AGED >60 (%)	31

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	41,988

NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,060,803,773
INT\$ 1,399,116,441



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 11,668,841,500
INT\$ 15,390,280,848

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no yes

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

NATIONAL POLICY ON WALKING AND CYCLING ●	NATIONAL POLICY ON PUBLIC TRANSPORT ●
NATIONAL ROAD SAFETY STRATEGY ●	LEGISLATION ON: <ul style="list-style-type: none"> ▪ speed limits ● ▪ driving and alcohol use ● ▪ driving and drug use ● ▪ driving and mobile phone use ●
STREET DESIGN STANDARDS FOR: <ul style="list-style-type: none"> ▪ separate walking and cycling infrastructure ● ▪ safe pedestrian and cycling crossings ● ▪ management of speed ● 	

○ no ● yes ● yes and best practice — not available

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

PROMOTION OF PHYSICAL ACTIVITY: <ul style="list-style-type: none"> ▪ in workplaces ● ▪ in childcare settings ● ▪ through community sports ● ▪ in public open spaces ● ▪ through walking and cycling ● ▪ for older adults ● ▪ for people with disability NOT AVAILABLE 	BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH ● <ul style="list-style-type: none"> ▪ with referral ○ ▪ used in >50% of facilities ○
	USE OF DIGITAL PROGRAMMES <ul style="list-style-type: none"> ▪ mHealth for NCD prevention ○
	SCHOOL BASED APPROCHES: <ul style="list-style-type: none"> ▪ quality physical education NOT AVAILABLE

○ no ● yes

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY ●	NATIONAL PHYSICAL ACTIVITY POLICY ●
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○ no ● yes, but not operational ● yes and operational

NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR: <ul style="list-style-type: none"> ▪ children under 5 years ○ ▪ children and adolescents ● ▪ adults ● ▪ older adults ● 	NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN: <ul style="list-style-type: none"> ▪ children ● ▪ adolescents ● ▪ adults ●
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NATIONAL NCD COORDINATING MECHANISM ●	NATIONAL TARGET FOR PHYSICAL ACTIVITY ●
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.